

NUTRITIONAL INFORMATION

POLLO A LA BRASA

| | Calories | Calories from fat | Total Fat | Sat. Fat (g) | Trans Fat (g) | Chol (mg) | Sodium (mg) | Carb (g) | Total Fiber (g) | Sugar (g) | Protein (g) |
|--------------------------|----------|-------------------|-----------|--------------|---------------|-----------|-------------|----------|-----------------|-----------|-------------|
| 1/4 Chicken - dark meat | 120 | 60 | 6 | 2 | 0 | 95 | 250 | 0 | 0 | 0 | 16 |
| 1/4 Chicken - white meat | 120 | 50 | 5 | 1.5 | 0 | 80 | 290 | 0 | 0 | 0 | 18 |
| 1/2 Chicken - dark meat | 240 | 110 | 13 | 4 | 0 | 190 | 490 | 0 | 0 | 0 | 32 |
| 1/2 Chicken - white meat | 240 | 100 | 11 | 3.5 | 0 | 160 | 580 | 0 | 0 | 0 | 36 |
| 1/2 Chicken - dark/white | 240 | 100 | 12 | 3.5 | 0 | 175 | 540 | 0 | 0 | 0 | 34 |
| Whole Chicken | 480 | 210 | 23 | 7 | 0 | 345 | 1070 | 1 | 0 | 1 | 68 |

SALADS

| | | | | | | | | | | | |
|---------------------------------|------|-----|----|-----|-----|-----|------|-----|----|----|----|
| Quinoa Stuffed Avocado | 530 | 400 | 44 | 5 | 0 | 5 | 520 | 31 | 12 | 5 | 7 |
| Viva Salad | 230 | 130 | 14 | 6 | 0 | 35 | 380 | 20 | 9 | 8 | 11 |
| Balsamic Dressing | 200 | 180 | 20 | 1.5 | 0 | 0 | 40 | 4 | 0 | 3 | 0 |
| Limana Chopped | 1040 | 320 | 36 | 12 | 0 | 65 | 1520 | 148 | 33 | 13 | 37 |
| Aji Ranch Dressing | 160 | 150 | 17 | 2.5 | 0 | 10 | 130 | 1 | 0 | 1 | 1 |
| Andina Power | 680 | 390 | 43 | 4.5 | 0 | 0 | 660 | 60 | 25 | 13 | 22 |
| Lime PF vinaigrette | 180 | 130 | 15 | 1 | 0 | 0 | 65 | 12 | 0 | 11 | 0 |
| Add Protein to any salad | | | | | | | | | | | |
| Add Pulled Chicken | 180 | 60 | 6 | 2 | 0.5 | 140 | 350 | 0 | 0 | 0 | 30 |
| Add Pulled Chicken -white meat | 120 | 50 | 5 | 1.5 | 0 | 80 | 290 | 0 | 0 | 0 | 18 |
| Add Steak | 220 | 110 | 13 | 3.5 | 0 | 65 | 390 | 1 | 0 | 0 | 24 |

SANDWICHES & WRAPS

| | | | | | | | | | | | |
|---|-----|-----|----|-----|-----|-----|------|-----|----|---|----|
| The Great | 540 | 230 | 25 | 4.5 | 0.5 | 180 | 830 | 33 | 2 | 4 | 43 |
| Wow Lomito | 580 | 290 | 33 | 6 | 0 | 85 | 880 | 34 | 3 | 3 | 35 |
| Inca Wrap | 740 | 270 | 30 | 5 | 0 | 0 | 1260 | 110 | 23 | 2 | 19 |
| Naked Peruvian | 770 | 390 | 44 | 14 | 0 | 55 | 1810 | 82 | 10 | 7 | 22 |
| Add Protein to Inca Wrap or Naked Peruvian | | | | | | | | | | | |
| Add Pulled Chicken | 180 | 60 | 6 | 2 | 0.5 | 140 | 350 | 0 | 0 | 0 | 30 |
| Add Pulled Chicken -white meat | 120 | 50 | 5 | 1.5 | 0 | 80 | 290 | 0 | 0 | 0 | 18 |
| Add Steak | 220 | 110 | 13 | 3.5 | 0 | 65 | 390 | 1 | 0 | 0 | 24 |

IN THE MIX

| | | | | | | | | | | | |
|---|------|-----|----|-----|-----|-----|------|-----|----|----|----|
| Sopa de Pollo | 460 | 110 | 12 | 3 | 0.5 | 150 | 1450 | 44 | 1 | 8 | 42 |
| Yummy Yuca | 570 | 220 | 24 | 6 | 0 | 0 | 990 | 86 | 8 | 5 | 4 |
| Huancaina Sauce (1 - 2 oz ramekin) | 180 | 170 | 19 | 2.5 | 0 | 20 | 90 | 2 | 0 | 2 | 2 |
| Classic Saltado | 1450 | 550 | 62 | 11 | 0 | 85 | 2010 | 172 | 11 | 23 | 54 |
| Tacu Bowl (with Cilantro Rice) | 710 | 240 | 26 | 3.5 | 0 | 0 | 1180 | 108 | 22 | 2 | 16 |
| Tacu Bowl (with Jasmine Rice) | 720 | 230 | 26 | 3.5 | 0 | 0 | 1210 | 111 | 21 | 2 | 16 |
| Arroz Chaufa | 860 | 100 | 11 | 1 | 0 | 0 | 1800 | 169 | 7 | 5 | 23 |
| Add Protein to Tacu Bowl or Arroz Chaufa | | | | | | | | | | | |
| Add Pulled Chicken | 180 | 60 | 6 | 2 | 0.5 | 140 | 350 | 0 | 0 | 0 | 30 |
| Add Pulled Chicken -white meat | 120 | 50 | 5 | 1.5 | 0 | 80 | 290 | 0 | 0 | 0 | 18 |
| Add Steak | 220 | 110 | 13 | 3.5 | 0 | 65 | 390 | 1 | 0 | 0 | 24 |

SIDES (SINGLE PORTION)

| | | | | | | | | | | | |
|----------------------------------|-----|-----|-----|-----|---|----|------|----|----|----|----|
| Arroz Chaufa (side portion) | 200 | 25 | 2.5 | 0 | 0 | 0 | 430 | 40 | 1 | 1 | 5 |
| Solterito | 210 | 90 | 10 | 1 | 0 | 0 | 450 | 22 | 4 | 4 | 7 |
| Green Beans | 190 | 120 | 14 | 1 | 0 | 0 | 1160 | 14 | 4 | 5 | 5 |
| Canary Beans | 150 | 5 | 0.5 | 0 | 0 | 0 | 530 | 27 | 15 | 1 | 9 |
| Quinoa | 110 | 35 | 4 | 0 | 0 | 0 | 480 | 17 | 2 | 1 | 4 |
| Sweet Potato Fries | 380 | 130 | 15 | 2 | 0 | 0 | 200 | 57 | 0 | 20 | 2 |
| French Fries | 550 | 260 | 29 | 4.5 | 0 | 0 | 1100 | 64 | 0 | 0 | 7 |
| Cilantro Infused Rice | 310 | 35 | 4 | 0 | 0 | 0 | 640 | 64 | 0 | 0 | 6 |
| Jasmine Rice | 240 | 30 | 3 | 0 | 0 | 0 | 500 | 50 | 0 | 0 | 4 |
| Plantains | 240 | 35 | 4 | 0.5 | 0 | 0 | 0 | 48 | 0 | 34 | 2 |
| Yuca | 280 | 110 | 12 | 3 | 0 | 0 | 490 | 41 | 0 | 2 | 1 |
| Chicken Soup | 190 | 40 | 4 | 1 | 0 | 40 | 550 | 27 | 1 | 4 | 13 |
| Fruit | 90 | 0 | 0 | 0 | 0 | 0 | 0 | 23 | 4 | 17 | 1 |
| House Salad | 70 | 35 | 4 | 3 | 0 | 15 | 180 | 4 | 1 | 2 | 3 |
| Balsamic Dressing (2 oz ramekin) | 200 | 180 | 20 | 1.5 | 0 | 0 | 40 | 4 | 0 | 3 | 0 |

KIDS

| | | | | | | | | | | | |
|--------------------|-----|-----|----|---|-----|-----|------|----|---|---|----|
| Kids Chaufa | 780 | 240 | 26 | 5 | 0.5 | 385 | 1450 | 90 | 3 | 1 | 46 |
| Pulled Chicken | 180 | 60 | 6 | 2 | 0.5 | 140 | 350 | 0 | 0 | 0 | 30 |
| Rotisserie Chicken | 120 | 60 | 6 | 2 | 0 | 95 | 250 | 0 | 0 | 0 | 16 |

SWEET THINGS

| | | | | | | | | | | | |
|-------------|-----|-----|----|-----|---|-----|-----|----|---|----|----|
| Churro | 240 | 90 | 10 | 1.5 | 0 | 0 | 260 | 33 | 0 | 10 | 4 |
| Tres Leches | 450 | 180 | 20 | 12 | 0 | 110 | 170 | 59 | 0 | 52 | 11 |

SAUCES (2 oz)

| | | | | | | | | | | | |
|---------------------|-----|-----|----|-----|---|----|-----|---|---|---|---|
| Aji Amarillo (Mild) | 260 | 250 | 29 | 2 | 0 | 5 | 125 | 2 | 0 | 0 | 0 |
| Huacatay (Medium) | 210 | 190 | 22 | 1.5 | 0 | 0 | 190 | 4 | 0 | 0 | 1 |
| Rocoto (Hot) | 250 | 240 | 28 | 2 | 0 | 5 | 120 | 2 | 0 | 1 | 0 |
| Rocoto Mayo | 180 | 180 | 20 | 3 | 0 | 10 | 170 | 0 | 0 | 0 | 0 |

BEVERAGES

| | | | | | | | | | | | |
|----------------|-----|---|-----|---|---|---|----|----|---|----|---|
| Maracuya | 160 | 0 | 0 | 0 | 0 | 0 | 10 | 37 | 0 | 35 | 2 |
| Herbal Limeade | 100 | 0 | 0 | 0 | 0 | 0 | 10 | 26 | 0 | 24 | 0 |
| Chicha Morada | 180 | 5 | 0.5 | 0 | 0 | 0 | 5 | 42 | 2 | 33 | 1 |
| Inca Kola | 144 | 0 | 0 | 0 | 0 | 0 | 0 | 39 | 0 | 39 | 0 |

ALLERGENS

| | Wheat / Gluten | Dairy | Tree Nuts | Soy | Egg |
|--------------------------------------|----------------|----------|-------------|---------------|----------|
| POLLO A LA BRASA | | | | | |
| 1/4 Chicken - dark meat | | | | ● | |
| 1/4 Chicken - white meat | | | | ● | |
| 1/2 Chicken - dark meat | | | | ● | |
| 1/2 Chicken - white meat | | | | ● | |
| 1/2 Chicken - dark/white | | | | ● | |
| Whole Chicken | | | | ● | |
| SALADS | | | | | |
| Quinoa Stuffed Avocado | | | | ● (Mayo) | ● (Mayo) |
| Viva Salad | | ● (Feta) | | | |
| Balsamic Dressing | | | | | |
| Limena Chopped | | ● (Feta) | | ● (Edamame) | |
| Aji Ranch Dressing | | ● | | ● | ● |
| Andina Power | | | ● (Almonds) | | |
| Lime PF vinaigrette | | | | | |
| Add Pulled Chicken | | ● | | ● | |
| Add Steak | | | | | |
| SANDWICHES & WRAPS | | | | | |
| Inca Wrap | ● (Wrap) | | | | |
| Naked Peruvian | ● (Wrap) | ● (Feta) | | ● (Mayo) | ● (Mayo) |
| The Great | ● (Ciabatta) | ● | | ● (Mayo) | ● (Mayo) |
| Wow Lomito | ● (Ciabatta) | | | ● (Mayo) | ● (Mayo) |
| Add Chicken | | ● | | ● | |
| Add Steak | | | | | |
| IN THE MIX | | | | | |
| Sopa de Pollo | | ● | | ● | |
| Yummy Yuca | ● | | | | |
| Huancaína Sauce | | ● | | | ● |
| Classic Saltado | ● (Fries) | ● | | ● (Soy Sauce) | |
| Tacu Bowl | | | | | |
| Arroz Chaufa | | | | ● (Soy Sauce) | ● |
| Add Chicken | | ● | | ● | |
| Add Steak | | | | | |
| SIDES (SINGLE PORTION) | | | | | |
| Solterito | | ● (Feta) | | ● (Edamame) | |
| Green Beans | | | | ● | |
| Canary Beans | | | | | |
| Quinoa | | | | | |
| Sweet Potato Fries | ● | | | ● | |
| French Fries | ● | | | ● | |
| Cilantro Infused Rice / Jasmine Rice | | | | | |
| Plantains | ● | | | ● | |
| Yuca | ● | | | ● | |
| Chicken Soup | | ● | | ● | |
| Fruit | | | | | |
| House Salad | | ● (Feta) | | ● | |
| Salsa Criolla | | | | | |
| KIDS | | | | | |
| Kids Chaufa | | ● | | ● | ● |
| Pulled Chicken | | ● | | ● | |
| Rotisserie Chicken | | | | ● | |
| SWEET THINGS | | | | | |
| Churro | ● | ● | | ● | ● |
| Tres Leches | ● | ● | ● | | ● |
| SAUCES (2 OZ) | | | | | |
| Aji Amarillo (Mild) | | | | | ● |
| Huacatay (Medium) | | | | | |
| Rocoto (Hot) | | | | | ● |
| Rocoto Mayo | | | | ● | ● |
| BEVERAGES | | | | | |
| Maracuya | | | | | |
| Herbal Limeade | | | | | |
| Chicha Morada | | | | | |
| Inca Kola | | | | | |

* If menu item can be requested without the ingredient, the ingredient is listed.

* None of our menu items contain seafood or fish.

* Our chicken marinade includes Gluten Free beer (< 20ppm: the FDA definition for Gluten Free). The beer contains malted barley, yet tests at < 2 ppm.

Although efforts are made to avoid cross-contact of allergens, Viva Chicken does not guarantee that cross-contact with allergens will not occur. Many of our products contain or may come into contact with common allergens, including wheat, soy, tree nuts, milk, and eggs.